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## About the Master



### THE SELF HEALING RITUAL - with Leela

This transformational experience activates your self healing power, amplifies your self love and connects with your soullevel.

The heartcentered hands-on treatment provides a sacred space where a deep regeneration of cells and organs happens while you are enjoying tender touches carrying the transmission of a powerful light energy to open up to higher levels of consciousness, releasing tensions and raising your life energy

The SELF HEALING RITUAL awakens your inner wisdom and clears the next step in the divine play of your life.

The 1.5 hour session leaves you nourished on all levels, refreshed, deeply relaxed and rejuvenated, at one with yourself and in love with life.

After the treatment Leela shares her insights and received messages with you.

### Benefits of the SELF HEALING RITUAL

The experience contains a flowing self healing sequence.

It offers special movements, gentle strokes and soft energetic touches, a specially created Self Healing Essence, a sound field and stillness.

A specific symbol has been created to assist the process.

The client is invited to perform simple, effective exercises before the treatment with the therapist and will get a written brochure with the instructions at the end.

Self Healing Powers and Self Love are activated.

The Soul Connection intensified.

The therapist connects to the client soul to soul.

Sustainable: The client is invited to continue with the introductory exercises at home.

Each session includes a sharing with the therapist.

We suggest to take three sessions of the SELF HEALING RITUAL with one or two days in between for a deep process of helping the cell memory to recover from emotional or traumatic disturbance and to feel a deeper connection to one's self love and to assist physical balance.

However, it is not necessary to commit to three sessions from the beginning. Sessions may be booked one by one as well.

During the SELF HEALING RITUAL some people might experience altered states of emotions like Happiness, sadness, comfort, deep tranquility, feeling of safety, clarity, love etc..

Guests experience various re-actions and responses coming through their system after having received the ritual. Those may vary from person to person.

### About Leela Sylvia Isani

Leela Isani is a certified Holistic Healer, Reikimaster, a Human Potential Trainer, Spiritual Coach and Author. She is trained in Alternative Medicine, Stress Management, Lifestyle Coaching, psycho-spiritual Care for the Dying, Energy Work, Trauma Healing and Yoga.

As a Yoga teacher she developed her own very intuitive way of sharing Yoga, called Leela Yoga. Since twenty five years she is giving seminars and personal counselling. She wrote several books and articles on holistic living and self inquiry

In her earlier career as an Airhostess and later as an Event Manager she learned a lot about Stress Management and how to deal with lives challenges.

She is a passionate traveller, lived and studied with well known spiritual teachers in India and Europe

Her passion is to empower people to discover their life's purpose and to live their highest potential in radiant health and to enjoy an enlightened life in joy and love.

One of her focus is on Self Healing as she believes that we ourselves are able to heal our body, as the wisdom of the body knows exactly what is needed to harmonise and to heal. We only need to be able to listen and to understand this natural wisdom and to reconnect with our inner source and to love ourselves.

Her strength is to touch people's heart, read their individual potential and to open them up to a joyous, meaningful and healthy way of living.

Based on her experience she developed together with Frank Weckesser the SELF HEALING RITUAL

"This is the only body you have for your life.  
Taking care and love it is the best way to love the SELF  
which is greater than the body.

I am very happy to have the opportunity to meet you on the way and share my love, joy, wisdom and precious moments with you.

Home is where souls meet in love and deep understanding" Leela



"Luxury blended with nature! A must-go!" 1 November 2015 - A TripAdvisor Traveller Read 454 reviews of [Ananda](#)

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