



## Visiting Practitioner - Leela Sylvia Isani

### Holistic Healer & Reiki Master

August 4 to 30, 2018

Leela Isani is a certified holistic healer, Reiki master, human potential trainer, spiritual coach and author.

She is trained in alternative medicine, stress management, lifestyle coaching, psycho-ritual care for the dying, energy work, trauma healing and yoga. Together with her business partner, Frank, she developed the Self Healing Ritual, a cutting edge treatment for holistic spas and the Self Retreat. Her strength is to touch people's hearts, read their individual potential and to open them up to a joyous, meaningful and healthy way of living.



#### **THE SELF HEALING RITUAL**

*60 / 120 minutes - SCR 3,800 / 4,840*

This transformational experience activates your self healing power, amplifies your self love and connects with your soul level.

The heartcentered hands-on treatment provides a sacred space where a deep regeneration of cells and organs happens while you are enjoying tender touches carrying the transmission of a powerful light energy to open up to higher levels of consciousness, releasing tensions and raising your life energy.

#### **FELICITE...PURE BLISS**

*60 minutes - SCR 5,500*

A love ritual for couples - Heart to heart time to deepen your love.

Share this magic ritual with your loved one.

Together, experience easy breathing exercises and a bonding heart meditation to open up your hearts to dive even deeper into true love. Create a personal ritual to keep romance a permanent part of your love.

Surprise yourself with this blissful experience.

#### **PARTNER YOGA**

*60 minutes - SCR 5,500*

Both partners are fully engaged in the experience and rely on each other for the very creation of poses to maintain balance, alignment and focus. Deepen the connection you have with your special someone as you let go, enhance your communication, open up, and have full faith in each other for full support in each of the poses.

Postures are designed in a way to create and nurture trust and create a sense of lightheartedness. No previous Yoga experience needed.